

# FLOW NEWSLETTER

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## Walking Together

~ Rev. Peter Ma, Executive Director



*Flow Volunteer Retreat, October 2023*

This week, I drove people around. On Monday, a neighbour needed a ride to an appointment at the hospital. On Tuesday and Wednesday, another neighbour needed a ride to the courthouse in Oshawa. On Friday, another neighbour needed a ride to a funeral service in Alliston. To be honest, I don't always see the ministry value in these kinds of things. Is this good use of my time? Could I or should I be doing something else? It's possible. But then I am reminded that I am called to live a life of love in the neighbourhood and to inspire others to do the same, in Jesus' name. It is a ministry of presence and a ministry of reconciliation that is not glamorous. But walking with people in their need, leads to conversations in the car, which leads to prayers of hope, which leads to greater faith for all of us.

Henri Nouwen wrote a book called *Gracias!*, a devotional journey of his six-month trip to Bolivia and Peru. Here's a beautiful quote about the ministry of presence: ***"More and more, the desire grows in me simply to walk around, greet people, enter their homes, sit on their doorsteps, play ball, throw water, and be known as someone who wants to live with them. It is a privilege to have the time and the freedom to practice this simple ministry of presence. Still, it is not as simple as it seems. My own desire to be useful, to do something significant, or to be part of some impressive project is so strong that soon my time is taken up by meetings, conferences, study groups, and workshops that prevent me from walking the streets. It is difficult not to have plans, not to organize people around an urgent cause, and not to feel that you are working directly for social progress. But I wonder more and more if the first thing shouldn't be to know people by name, to eat and to drink with them, to listen to their stories and tell your own, and to let them know with words, handshakes, and hugs that you do not simply like them, but truly love them."*** (Nouwen 1983, 147).

On Sunday, after house church, another neighbour asked me to go with her to the hospital when she needed to help an estranged family member. I said, "Yes, I will go with you." I don't know where this will lead but God certainly does!



Crystal and Sophie during mentoring

## The Ministry of Mentoring

~ Crystal Pang, Flow Mentor

Sometimes, describing mentoring is a funny thing. “What do you guys do with the kids?” people ask me. It’s hard to give one short answer - we just hang out, do whatever the kids want to do, which can mean eating, going to the mall, or playing at the park.

Regardless of what we do, the “what” is not as important as the “why”. Mentoring is so purposeful for me because of the opportunity to share God’s love with these kids, being able to support the next generation.

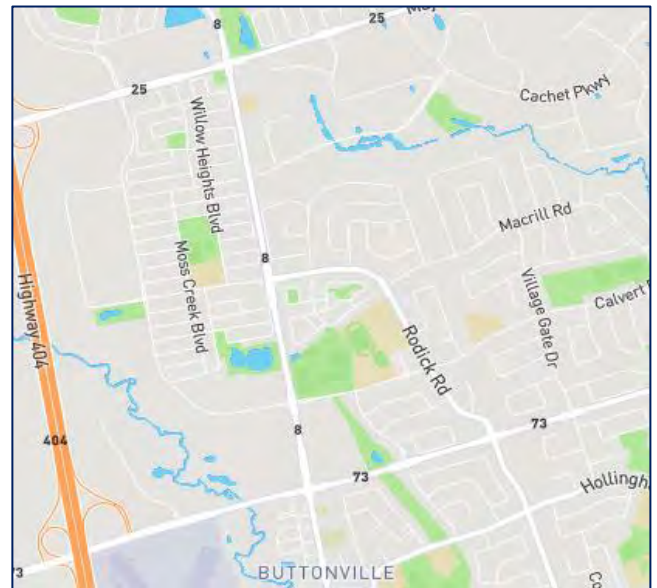
God has shown me a broader understanding of how love manifests in this ministry. Some days have super active, light-hearted conversations, others more somber. Some days where the kids have tons of energy to burn, some where we’re sitting in a car for a while.

Either way, we are there, present and intentional with our mentees, seeing where we can encourage, teach, or simply hear them out. As they grow and we journey with our mentees, we navigate different topics, talking about how to understand the world and tackle its challenges.

I’m lucky to be part of these conversations and participate in their curiosities and excitement in life. Sometimes I forget the funny perspectives and insight kids have! The ability to share about God with them, to love them, and to enjoy experiences together is what keeps me looking forward to each meeting.

## Whom We Serve

**Kin Village and Trinity Square** are two communities located north of 16<sup>th</sup> between Woodbine Ave. and Rodick Rd. in Markham. The majority of the households are on subsidized housing rent and a substantial number of people are in unique circumstances and challenges.



**71%**

of people living in Kin Village live in subsidized housing.  
[Markham: 6.1%]

**42%**

of people living in Kin Village are without employment income.  
[Markham: 33%]

**65%**

of families in Kin Village were single parent families.  
[Markham: 15%]

**39%**

of households in Kin Village report less than \$50K of total household income.  
[Markham: 20%]

The name “*Flow Without Bounds Ministries*” derives from Jesus’s encounter with the Samaritan woman and said, **“Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life” (John 4:13-14).** Flow wants to flow without bounds to every nook and cranny with living water, reaching all people with the message of the Kingdom.

Source: Statistics Canada 2021, Census Profile: 2021 Census of Population: Profile Table, Modified 2023-02-01. Accessed Mar 7/2023



# What Motivates Me to Get Involved

~ Chester Ng, Mercy Rain and Board Member

**God planted the root...**

**Matthew 25:40 - And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.'**

Growing up in Hong Kong, I had the blessing of volunteering in a ministry called "Breakthrough" even before I fully understood the gospel and became a Christian.

The ministry started modestly with a magazine not labeled as a Christian magazine, yet full of Gospel-centric values in all articles, they also built a lot of activities for the community of readers, bringing them into caring for vulnerable in the society and seeking eternal values, many readers were brought to Christ through the transparent, witnessing lives of the Christian staffs.

The principle of the Breakthrough ministry, "*Life building lives*", has greatly shaped my values and is the reason for my continuous yearning for a hands-on Christian life beyond bible study and worship.



*Chester Ng and Crystal Pang helping out in Kin Village*

**God initiated the encounter...**

**Acts 17:26 - And He made from one man every nation of mankind to live on all the face of the earth, having determined allotted periods and the boundaries of their dwelling place.**

I first came to know Flow through a call for mentors around 10 years ago. By chance, I heard of Flow starting a mentoring ministry and brought it to my church, in the hope of mobilizing the youths to become mentors. After acquainting with the Flow leaders, I was invited to become a coach for the mentors. As I had never been a Flow mentor before, I doubted how I could become a coach for the mentors, so I asked to be assigned to mentor two young adults who were mentally challenged while I served on the coaching team.

At the time I was already wearing multiple hats in ministries at my church. I have to confess my fear and hesitation toward the commitment to meeting up with the mentees at least twice a week and a commitment of at least 2 years. However, after much prayer, the Spirit moved me to take the challenge.

**God's blessings are rich...**

**Proverbs 11:25 - Whoever brings blessing will be enriched, and one who waters will himself be watered.**

Fast track forward, today I no longer serve in the mentoring ministry but am a member of the Flow board with regular weekly activities at Kin Village.

For many years, I have been serving the Kin Village community by shopping for their groceries, applying for government subsidies, planning for daily care they need, and praying with them when facing stress.

It is such a privilege when others "allow" you into their lives. At Kin Village, I have encountered both Christians and non-Christians, yet I am accepted with openness just the same. Many of them consider me a family member. However, I always feel that I am the most blessed through it all.

Through caring for and loving people at Kin Village, as well as many Christian volunteers serving alongside, I have received much care and prayers in return. Most important of all, through authentic life interactions depending on the Holy Spirit, in good and bad times, Christ has become so much more "in-person" to me.

## Prayer Summit

*"Let us encourage one another in prayer".*

Join us at 7:30 pm on the 2<sup>nd</sup> and 4<sup>th</sup>  
Wednesdays of the month.

Zoom Details  
Meeting ID: 5648589458  
Passcode: 2023



Have a prayer request?  
Come to our Zoom version of  
Prayer Summits:

**December 13<sup>th</sup>**

**December 27<sup>th</sup>**

**January 10<sup>th</sup>**

**January 24<sup>th</sup>**

**February 7<sup>th</sup>**

**February 28<sup>th</sup>**

*For specific details about these virtual meetings, please send us an email to:*

**[flowministries.general@gmail.com](mailto:flowministries.general@gmail.com)**

## Unique tastes of the neighbourhood

Sunday December 17 after house church

bring a small but unique taste of  
your culture or another culture

2 locations - Barb's and Judy's

enjoy a tasting not a dinner





# FLOW's Photo Gallery



Wanda and Judy at the Markham Cenotaph



Peter and Adebayo, our newest mentors



## Our Five Areas of Ministry:

-  **Stream Mentoring** (*Building relationships through mentoring*)
-  **Mercy Rain** (*Building relationships through practical care*)
-  **Hamper Program** (*Building relationships through practical gifts*)
-  **Community Events** (*Building relationships through practical engagements*)
-  **House Church on Sunday Afternoons** (*Worshipping together*)

**ARE YOU HERE ON  
CHRISTMAS DAY?**

drop by and join us for...

**Christmas Carols  
and Treats**

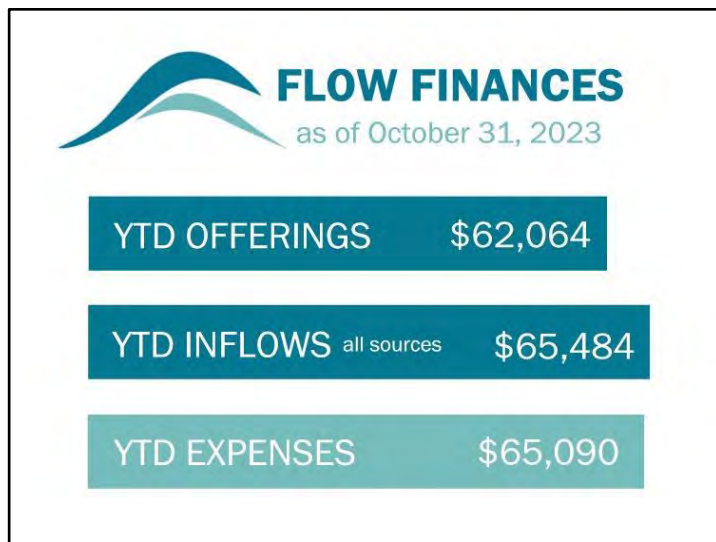
**MONDAY DECEMBER 25**  
2 PM at Barb's (7 Bates Way)  
3 PM at Judy's (28 Founders Way)

  
**FLOW MINISTRIES**

for more info call Peter 416-459-2207

# Financial Update

In the parable Matthew 13:44, a man found a treasure of immense value that he was willing to sell all that he had to obtain it. Do you remember the time when you first accepted Jesus as your Lord and Savior? Do you remember experiencing His grace and forgiveness, and felt overwhelmed with gratitude? I imagine you would be like that man and gladly give up all that you have to obtain the treasure in Him.



At Flow Ministries, we want to see the people we serve live life to the fullest by knowing and following Jesus. We aim to achieve this by building genuine and godly relationships, and live life with them. Will you consider partnering with us (by prayer and financial giving) and be part of helping others so that they can also discover the treasure in Christ?

**Matthew 13:44** *"The kingdom of heaven is like treasure hidden in a field. When a man found it, he hid it again, and then in his joy went and sold all he had and bought that field."*

## Three Ways to Donate to Flow Without Bounds Ministry:

### 1) Give via Cheque:

Please make the cheque payable to "Flow Without Bounds Ministries"

Mailing Address:

Flow Without Bounds Ministries  
21 Saintsbury Road  
Markham, Ontario  
L6C 2H9 Canada

### 2) Give via Interac E-Transfer:

Send your donation to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

We have auto-deposit setup but if you are first time donor, please email your name and mailing address to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com) for tax donation receipt purposes.

### 3) Give via Credit Card/Apple Pay or Be Our Monthly Partner:

We have a profile through CanadaHelps.org at: [www.canadahelps.org/en/charities/flow-without-bounds-ministries/](http://www.canadahelps.org/en/charities/flow-without-bounds-ministries/)

Please note that a fee of 3.5%+ will be charged and tax donation receipts will be issued by CanadaHelps.

We would love to care for YOU our donors and inform you of any future donor appreciation events.  
So if you are first time donor, please drop us a note via email: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

Fw: [Flow Ministries] Ministry Update - Stream Mentor training upcoming!

1 message

SIMON YUEN <skk\_yuen@yahoo.co.uk>  
To: Karen Tsang <karen.tsang@mcbc.com>

Wed, Mar 29, 2023 at 8:52 PM

----- Forwarded message -----  
**From:** Flow Ministries General <[flowministries.general@gmail.com](mailto:flowministries.general@gmail.com)>  
**Sent:** Friday, 24 March 2023 at 20:09:37 GMT-4  
**Subject:** [Flow Ministries] Ministry Update - Stream Mentor training upcoming!

Hi Flow Family  
Here's the latest news!

Board of Directors News

Flow Ministries is a Christian non-profit organization. We have a wonderful Board of Directors with a couple of changes:

Wilson Lau recently stepped down as the chair of the Flow Ministries board. He feels called to serve with his wife in youth ministry at Markham Chinese Baptist Church. Wilson has been with Flow from the very beginning. The Board has appointed Wilson as an honorary lifetime member. We're thankful for his partnership and service with us!

Allan Cheung is our newest board member. Allan is a semi-retired CPA currently working with the Ontario Securities Commission. His wife Becky is a mentor coach with Flow. Allan is a member of Celebration Presbyterian Church meeting in Unionville. Allan has served with Mercy Rains previously. He has experience on both corporate and non-profit boards in the past. Allan has a heart to serve God. We welcome Allan!

Our Board: Allan Cheung, Chester Ng, Derek Leung, Nelson Tang, Winston Ling, and Honorary Members: Brian Relph, Wilson Lau

House Church

House Church or as we like to call it, "Church Without Bounds" meets on Sundays at 3 pm. This allows the Christians in Kin Village and Trinity Square to worship together and to be a Christian presence. We sit together with neighbours in their homes and link other homes by Zoom. Here's a couple of ways to get involved:

1. If you know a neighbour and would like to invite them to house church, you can ask to go to their place and link up by Zoom.
2. Or, you are welcome to worship in one of our existing homes. Please contact Peter for more details.

Stream Mentor Training - Starting April 10!

When do we have the opportunity to be a Christian mentor and friend in a young person's life? This is possible now through Stream Mentoring! Are you interested? Join us for our three week training session starting on Easter Monday (April 10) at 7:30 pm by Zoom. If you are interested, please contact Peter at 416-459-2207 or [pma535@gmail.com](mailto:pma535@gmail.com).

New Brochure

We have a new Flow brochure to introduce our work.  
[Here it is!](#) Thank you to Sophie for her work on the layout!



Prayer Summit - bimonthly

Prayer Summit meets on the 2nd and 4th Wednesday of the month from 7:30 to 8:15 PM. It's a wonderful way to care for the neighbourhood and each other. If you have a prayer request or would like to join us, please contact Peter.

**PMa** | Peter Ma . [pma535@gmail.com](mailto:pma535@gmail.com) . 416-459-2207  
Flow Without Bounds Ministries - [www.flowwithoutbounds.com](http://www.flowwithoutbounds.com)





## FLOW WITHOUT BOUNDS MINISTRIES



*"All this is from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation"*

*~ 2 Corinthians 5:18*





# IMAGINE



If we could be good neighbours to the people around us. Let's not let our differences separate us. Let's be good to one another. To be fully human is to live in a right relationship with God, with neighbours, with family, with ourselves, and with all of nature. Throughout the Bible from the Old Testament to the New, from the Law of Moses to the teachings of Jesus, we are called to love one another.

Jesus lived a life of compassion and love for all people. He brought mercy, forgiveness, grace and truth so that we could find peace with God and peace with our neighbour. This, in turn, gives us hope and joy, because it helps us not to be selfish. Instead of looking inward, we look outward to truly caring for our neighbours. Instead of looking downward, we look upward to discover a God who loves us with a deep and abiding love.

Here at FLOW WITHOUT BOUNDS MINISTRIES, we want to live as Jesus lived: to live a life of love and humble service, transcending differences by being good to one another, building genuine and authentic relationships, offering prayers of hope to those in need, working together for the good of the community, building partnerships with neighbours, organizations, and churches, and inviting people to join us in becoming a beautiful society of Jesus followers.

# OUR NEIGHBOURHOOD

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of people living in Kin Village live in subsidized housing.

[Markham: 6.1%]

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[Markham: 33%]

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[Markham: 15%]

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of households in Kin Village report less than \$50K of total household income.

[Markham: 20%]

Flow is active in the Kin Village and Trinity Square neighbourhood near Woodbine and 16th Ave. in Markham, ON. This is a subsidized housing community on the Affordable Housing list for York Region, with 287 apartments or townhomes, from one to four bedrooms.



## OUR PEOPLE

We enjoy friendship and fellowship with many people in the neighbourhood. We are blessed when people welcome us into their homes and share their lives with us. We have a group of dedicated Christian volunteers from churches in the area, who love God and love people. Our Board of Directors helps us to organize as a Christian charity affiliated with the Canadian Baptists of Ontario and Quebec. Our executive director, Rev. Peter Ma, has served as a Presbyterian minister for over 25 years.



## Church Without Bounds

Meets as a house church on Sundays at 3 pm. We connect by Zoom with other homes in Kin Village and Trinity Square, worshipping together with neighbours in small groups.



## OUR WORK



## Christmas Hampers

Are given in mid-December to households in need. This is a collaborative project among churches in the area. We coordinate with the local Baptist, Alliance and Catholic churches to keep a unified list. We invite people from many churches to personally contact families and deliver hampers as a practical way of building relationships.

# Stream Mentoring

Invites parents to sign up their child between the ages of 8 to 16 years old, for a mentoring relationship with a mature Christian adult, on a bi-weekly basis. Care is taken to support mentors, mentees and provide a safe environment with a focus on spiritual conversations and encouragement through life's ups and downs.

DIRECTOR

MENTOR  
COACHES

MENTORS

MENTEES



## Mercy Rains

Is a compassion ministry which provides assistance to people in need. Volunteers have been involved in helping people move, buying groceries, visiting in hospital, and spending time with people as neighbours do. We often have the opportunity to pray for people as we care for them.





# NEXT STEPS



**PRAY** for our neighbours in Kin Village and Trinity Square. Pray for God to work in our relationships. Pray for the love of Christ to transcend barriers and inspire faith. We have a Prayer Summit twice a month and invite you to join us.

**GIVE** to the work of Flow. Your donations are gratefully appreciated to allow us to be the presence of Christ in the neighbourhood. Flow Ministries is a registered Canadian charity and can receive donations by cheque or e-transfer.

**SERVE** with us in Stream Mentoring, Mercy Rains, Christmas Hampers or Church Without Bounds. We have an on-boarding process for volunteers.

**JOIN** events throughout the year including special events, barbecues, workshops and info nights.

**Interested? Please contact  
Rev. Peter Ma,  
executive director**



416-459-2207

[pma535@gmail.com](mailto:pma535@gmail.com)

[www.flowwithoutbounds.com](http://www.flowwithoutbounds.com)

21 Saintsbury Rd, Markham, ON L6C 2H9





*"Jesus came and said to them, '...Go therefore and make disciples of all nations...'" Matthew 28:18-19*

[illegible]

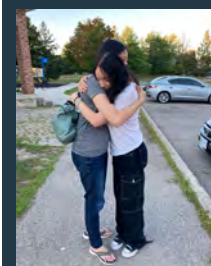
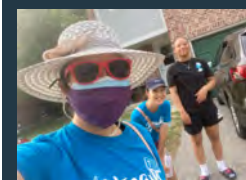
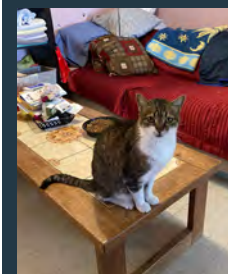
- ◆ **Occasional (once or twice a year):** Want to be involved but don't think you have the time to commit? We have community events throughout the year and would love for you to come out when you can to help!
- ◆ **Monthly (once a month or more):** Consider joining our Mercy Rain team that conducts visitations with the neighbours living in Kin Village and Trinity Square and help with various tasks while sharing the good news.
- ◆ **Weekly (once a week or once every two weeks):** Ready to see lives transformed by Jesus? Mentors in our Stream Mentoring Program meet regularly with mentees (children and youth from Kin Village and Trinity Square) to draw them closer to Jesus through spiritual conversations. Our Mentor Coaches care for our Mentors by encouraging and praying for them as they serve.

# You are invited to Flow Ministries' Night!

Join us on **Sunday, September 25** OR **Thursday, September 29 from 8-9pm**  
to meet Pastor Brian and Dr. Jess, hear updates about our ministries,  
and ask any questions you may have.

**Zoom Meeting ID: 829 7667 6126**  
**Passcode: 1234**

We are excited to “see” you! Feel free to extend this invitation to others too!





# God Behind the Scenes

Since the beginning of this year, Pastor Brian had been praying for opportunities to meet new neighbours living at Kin Village and Trinity Square. Then one day in June, Brian received a random call from an elderly couple living in Kin Village asking for help to move from their home on the second floor to a ground floor unit. The couple got Brian's number from a neighbour connected with Flow Ministries.



When Brian went to visit the couple, he found that they had quite a bit of stuff. He worried about how to move everything, including some of the items that were quite bulky. Brian turned to God in prayer, asking for wisdom and guidance. He also reached out to a few groups to see if they could come help; one group responded saying they have 20 people that are ready to serve.



On one of the initial days of the move, Brian arrived with a small team of Mercy Rain volunteers and found that most of the items, especially the bulky ones, had already been moved into the new unit. Apparently, the son of the couple brought together a group of friends to help move things during the Canada Day long weekend. Because of this, Brian called the group of 20 people to tell them that they were no longer needed.

As there were not a lot of items left to move, God created space for Brian to have spiritual conversations with the couple and to pray for them. This event taught Brian to learn to trust in God and His plans, knowing that He is always working behind the scenes.



# HANGERS & HANGOUT

Last year, we created hangers to help promote the Stream Mentoring program and hosted a one-day event to hang them on the doors of the neighbours in Kin Village and Trinity Square. Because of the pandemic, we passively went around the neighbourhood doing it. Although we had a wonderful time, we did not receive any interest in our mentoring program.



This year, Jess created an event over two Saturday mornings in July called "Hangers & Hangout" to actively go door to door to meet neighbours. With over 300 homes to cover, this event could not have happened without the help of one-time volunteers who came out with enthusiasm to serve.

As we went around, some neighbours welcomed us with big smiles as we shared about the mentoring program and told us how they wish their child was old enough



to participate. There were others, however, who blatantly told us that they did not want anything to do with us when they saw the cross and knew we were Christians. Although we had various responses, God answered our prayers by having four new mentees sign up on the spot for our program!

We are excited for these new mentees (3 boys and 1 girl) to have the opportunity to hear the good news of Jesus Christ. However, for them to start the program, they need mentors to journey with them. In honesty, we are lacking male mentors to serve alongside us. Please join us in praying, as the Lord provided us with new mentees, that He will also bring the right mentors to mentor them.





# Meet our SUMMER workers

*Sarah*

**What made you apply to work for Flow?**

I wanted to serve outside of my home church and engage with people in the community. Plus, I wanted to learn some office skills.

**What is the biggest challenge (so far) that you encountered?**

My biggest challenge has been navigating through Wordpress. Also, I had to get used to working remotely, which required more discipline.

**How is it like working with Pastor Brian and Dr. Jess?**

It is a really, really great experience. Different from a secular workplace, Pastor Brian and Dr. Jess not only care about my development, but also my spiritual well-being.

*Veronica*

**What made you apply to work for Flow?**

I wanted to understand Flow more and get to know God more.

**What do you enjoy from the work?**

I enjoy making the posters to promote Flow's events, getting to know more people in the neighbourhood, and making new friends.

**What is something interesting about you?**

I love to spread kindness to everyone around me.



Save the Date for Our Upcoming Workshop  
with Dr. Jess Wan-Wong

**Let's Talk: What Is a Spiritual Conversation  
and How to Transition a Regular  
Conversation to a Spiritual Conversation**

Saturday, October 15, 10:30-11:30am or Wednesday, October 19, 8-9pm

Zoom Meeting ID: 860 9171 6387  
Passcode: 1234





# EVENTS AND ANNOUNCEMENTS:

We are always looking for  
**VOLUNTEERS**  
in our many ministries!



**Want to find ways you  
could serve with Flow?**

Send us an email:  
[flowministries.general@gmail.com](mailto:flowministries.general@gmail.com)



**Join our Small Group that  
meets twice a month for  
growth and accountability  
on Zoom!**

For specific details about these meetings, email  
us: [flowministries.board@gmail.com](mailto:flowministries.board@gmail.com)

## **Have a prayer request?**

Come to our Zoom version  
of Prayer Summits:

**Aug 24      Oct 12**

**Sept 14      Oct 26**

**Sept 18      Nov 9**



## **Prayer Requests:**

- ◆ Praise the Lord for a busy and fruitful summer this year with plenty of activities at Flow!
- ◆ Bless our summer workers, Sarah and Veronica, as they wrap up their time with us. Pray that they will use all their learning with us in the future.
- ◆ Pray for neighbours who are dealing with illnesses or injuries. May they discover the God who heals them physically and spiritually.
- ◆ Pray for us to discover even more opportunities to serve neighbours in very practical ways.
- ◆ Pray for more mentors to serve in our Stream Mentoring Program, specifically for male mentors.

## **How to Give:**

Thank YOU for contributing to Kingdom work! Whether you support Flow Without Bounds Ministries through praying, giving, or serving, we greatly appreciate YOU!

### **Send Us a Cheque:**

21 Sainsbury Road  
Markham ON  
L6C 2H9

### **Give via Interac e-Transfer:**

Send your donation to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)  
Email the password and your name and mailing address to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)  
(You only need to send us this information once for our record.)

Flow Without Bounds Ministries is a registered charitable organization under the Canadian Revenue Agency (no. 831531710 RR 0001). Eligible supporters will receive a tax-receipt in the mail at the end of the year for their givings.

## The Time is NOW!

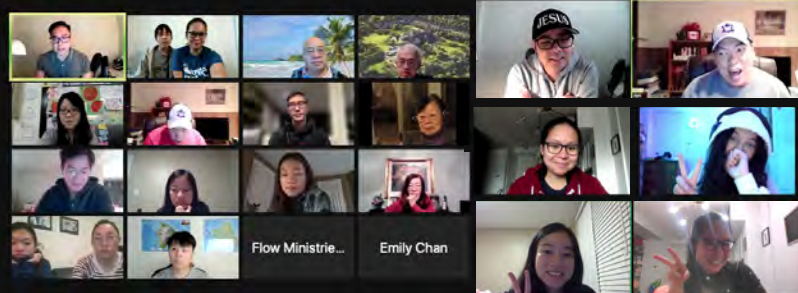
By now, we have all been in this pandemic for two years. Some of us may be tired of wearing face masks every time we leave the home. Others may be struggling with loneliness for not being able to gather with loved ones regularly. With new variants of COVID-19 emerging almost every season, we may wonder if our lives will ever get back to a time before lockdowns, social distancing, and vaccine passports were a thing.

Even if the world around us may feel like it is in a standstill, we—Christians—must remain faithful and diligent in carrying out the Great Commission that Jesus commanded. He said, “All authority in heaven and on earth has been given to Me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age” (Matthew 28:18-20).

At Flow Ministries, the work of ministering to the materially poor and sharing the gospel with the lost continues. Government restrictions cannot dampen our serving spirits. Even if it means hosting mentoring sessions online or shortening our visitations with the neighbours at Kin Village, we believe everyone needs to hear the gospel of Jesus Christ and receive Him as their personal Lord and Saviour. No matter what our circumstances are, we can always count on the fact that Jesus is with us to the end of the age.

We believe the time to volunteer and serve the Lord is now—not when things finally return to “normal”—but NOW! Hence, we created a new position to help equip our volunteers to have the most impact. After serving one year as the interim Stream Mentoring Program Director, we hired Dr. Jess Wan-Wong as our official Stream Mentoring Program Director. Additionally, she will be our Volunteer Coordinator, where she will be in charge of onboarding, training, and follow-up with each volunteer.

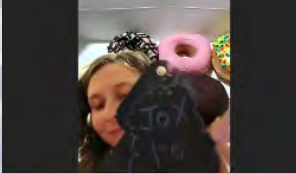
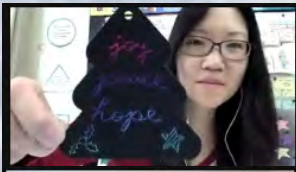
Would you take some time *right now* to pray, asking the Lord how He may be calling you to serve in His kingdom? Whether or not He lays Flow Ministries on your heart, we pray that you would join Jesus’s Great Commission. This pandemic cannot hold us back from being His hands and feet to the broken and lost world.





# Christmas @ Flow

## THE ONLY GIFT THAT TRULY MATTERS



Before COVID-19, we would traditionally host a Christmas Service for all the neighbours and mentees at Kin Village. It was a wonderful time of worshipping the Lord, building gingerbread houses, and fellowshiping over food. Even though we were not able to gather for an in-person experience, Jess wanted to make sure that everyone in Stream Mentoring got to celebrate Christmas together. She assembled and delivered a small packet of goodies and an ornament kit to all the mentees, mentors, and mentor coaches. The group met online for one hour to drink hot chocolate, share stories of gifts they received, and decorate ornaments.



Christmas is a time of gift giving, so each person got two ornaments to decorate; the purpose is to make one for themselves and to give the other away. Each ornament was unique. Some had pretty designs while others wrote words such as love, joy, peace, and hope—a message that our world desperately needs.



Jess shared the Christmas story, where Jesus is the greatest gift that God has given to each of us, a humble baby born to be the Saviour of the world. She challenged everyone, when they give their second ornament away, to share the Christmas story with the receiver.

Some of the mentees are not believers, please join us in praying that they will receive the only gift that truly matters—Jesus Christ.



## A HEART OF Blessing

Another tradition at Flow Ministries is our annual Christmas Hamper Program. It is a practical way to build relationships with the families in Kin Village by presenting them with a gift to meet their needs during the holiday season and taking the opportunity to share the good news of Jesus Christ. Through the Hamper Program, we hope to tangibly show how our Father in heaven provides for us by helping to meet the needs of the neighbours.

We had 16 households that signed up for hampers and 13 groups of donors—made up of churches, families, and individuals. With 13 donor groups helping 16 households, some of our donors gave generously to bless more than one household.

With one particular family that Pastor Brian called asking whether or not they would like a hamper, the mother answered saying that they needed one. Then, she shared that when she told her daughter about Flow Ministries' Christmas Hamper Program, she hopes one day, when they are in a better financial situation, that they can help others in the same way that they have been helped—what a testimony of God working in the lives of the neighbours in Kin Village to cultivate a heart of blessing others as they have been blessed!





# HELPING WITHOUT HURTING



How can we help the materially poor without hurting them and ourselves? This January we launched a book study over Zoom on Steve Corbett and Brian Fikkert's *When Helping Hurts: How to Alleviate Poverty Without Hurting the Poor...and Yourself*. Our 7-week session studied Corbett and Fikkert's theological framework and practical approach to ministering to the poor. The authors define poverty not as a lack of material things, but of brokenness in relationship with God, self, others, and the rest of creation.

Each week, participants watched a video and engaged in a lively discussion led by Pastor Brian and Jess. Much time was spent reflecting on how we—as individuals and the church—respond to the materially poor and whether or not what we did was actually helping or exasperating the problem. In other words, are we treating the underlying issue that is causing poverty or are we just covering what we see on the surface with a band-aid?



The reality is that we and the materially poor are not all that different. The problems that we face may differ slightly, but the solution to them is the same—we all need Jesus. The ultimate truth is “Jesus Christ transforms both of us . . . Poverty alleviation is about walking side by side, hand in hand, and saying ‘I’m broken, you’re broken’ but Jesus Christ can show up and bring healing to both of us.”<sup>1</sup> We are excited to apply what we learned from Corbett and Fikkert to our ministry work at Kin Village.



Missed this study? That's okay! We plan to offer this course again in the near future, so keep your eye out for our announcement about it!

<sup>1</sup> Steve Corbett and Brian Fikkert, *When Helping Hurts: The Small Group Experience* (Chicago, IL: Moody Publishers, 2014), 30.

## Flow Ministries: 2021 Year In Review

**200+**  
Neighbourhood  
Visitations



**150+**  
Zoom Calls

**40+**  
In-Person  
Mentoring  
Sessions



**20+**  
Volunteers

**2**  
Staff  
Members



**1** SOVEREIGN  
ALMIGHTY  
GOD



# EVENTS & ANNOUNCEMENTS:



Join our Small Group that meets twice a month for growth and accountability on Zoom!

For specific details about these meetings, email us: [flowministries.board@gmail.com](mailto:flowministries.board@gmail.com)

## Have a prayer request?

Come to our Zoom version of Prayer Summits:

<b>March 9</b>	<b>April 27</b>
<b>March 23</b>	<b>May 11</b>
<b>April 13</b>	<b>May 25</b>



We are always looking for

## **VOLUNTEERS**

in our many ministries!



**Want to find ways you could serve with Flow?**

Send us an email:

[flowministries.general@gmail.com](mailto:flowministries.general@gmail.com)

## Prayer Requests:

- ◆ Praise God that we have a Volunteer Coordinator at Flow Ministries. Pray that our impact at Kin Village will increase with more hands and feet of Jesus ministering there.
- ◆ Pray that we can regularly and safely meet neighbours again soon in their own homes.
- ◆ Pray for neighbours at Kin Village going through bouts of loneliness due to the ongoing pandemic.
- ◆ Pray that we can start a Bible study in the neighbourhood sometime in the spring or the summer.
- ◆ Pray specifically for more male mentors and mentor coaches to join our Stream Mentoring Program.

## How to Give:

Thank YOU for contributing to Kingdom work!

Whether you support Flow Without Bounds Ministries through praying, giving, or serving, we greatly appreciate YOU!

### Send Us a Cheque:

21 Saintsbury Road  
Markham ON  
L6C 2H9

### Give via Interac e-Transfer:

Send your donation to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

Email the password and your name and mailing address to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

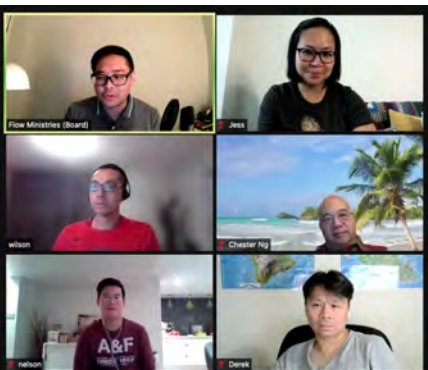
(You only need to send us this information once for our record.)

Flow Without Bounds Ministries is a registered charitable organization under the Canadian Revenue Agency (no. 831531710 RR 0001). Eligible supporters will receive a tax-receipt in the mail at the end of the year for their giving.



## A MESSAGE FROM OUR EXECUTIVE DIRECTOR

One of my favourite verses is found in the prayer that Jesus taught His disciples: "Your kingdom come, Your will be done, on earth as it is in heaven" (Matthew 6:10). There is something going on in heaven today—something wonderful, beautiful, and amazing—and we are to pray for some of that to occur here on earth too. The prayer assumes that it is possible to have a slice of heaven here on earth today. We can experience on earth a measure of the kind of love, joy, peace, and satisfaction that is perfectly found in heaven. And we are to pray that our Father in heaven would bring that measure to us.



1. Where is Kin Village located? (Single Choice)	
8/8 (100%) answered	
In the Village of Kin	(7/8) 73%
In Markham	(7/8) 88%
In Downtown Toronto	(0/8) 0%
Outside of the GTA	(0/8) 0%
None of the above	(0/8) 0%



One of the things I am keenly aware of is that God chooses to use His kingdom people to bring that measure of love, joy, peace, and satisfaction. When we serve others, especially those in challenging and broken situations, we join God in bringing a portion of heaven to them. When a neighbour at Kin Village has trouble putting food on the table, and we come to meet that need, that is a slice of heaven showing up—nobody goes hungry in heaven, right? When a mentee at Kin Village pours out his/her heart to one of our mentors, that becomes an opportunity to showcase the kind of perfect love found in heaven, the very love that God showed us through our Lord and Savior Jesus Christ—a slice of heaven showing up in a simple friendship. God is using His people to have things happen on earth as it is in heaven.



Our mission at Flow Ministries is simple: We are a Christ-led care and compassion ministry to the neighbours of Kin Village with the hope of opening the door for the gospel to be shared and for discipleship to be carried out. In our little corner of the world, we join God in His kingdom building work of bringing a slice of heaven to every home in Kin Village. The most important slice we can offer is the wonderful relationship they can have with Jesus that will not only be valuable today on earth, but also for all eternity in heaven. I invite you to pray for us as we serve God in this way and perhaps even consider joining us in God's mission to bring a measure of heaven here on earth today.





## Stream Mentoring End-of-Summer Party!



After countless lockdowns and multiple modifications from the government on COVID-19 guidelines, the Stream Mentoring Program was finally able to gather all the mentees, mentors, and mentor coaches for a time of celebration! What a joy it was for everyone to come together in one place! The last time this group met in-person was at the Christmas party in December 2019.

The festivities started with a simple ice breaker game, followed by snacks, and a time of sharing. It was a precious time having each person share what he/she learned through mentoring or was thankful for from

mentoring. A mentor shared how she saw the resilience of the mentees and their commitment to the mentoring relationship, even when meetings moved online for a while. Another mentor shared gratitude towards her mentor coach and co-mentor for prayer support and encouragement during some difficult times in the pandemic. It was such a blessing to hear how the mentoring sessions were making a difference in the lives of the mentees, mentors, and mentor coaches!



The party ended with a simple craft, making a friendship bracelet or keychain. This craft was inspired by Ecclesiastes 4:12 which says, "a threefold cord is not quickly broken," and reflects how the mentoring relationship is actually a threefold relationship with God at the centre. Truly, this pandemic is a testimony that the mentoring bond is not quickly broken, because God is the One holding it together.



## FLOW MINISTRIES' NIGHT RECAP

This fall, Pastor Brian and Jess hosted Flow Ministries' Night on two evenings. With close to 40 people in attendance, they shared praises in areas that they have seen God move, prayer requests in areas that they need God's help to make a breakthrough, and a plea for more workers to join them in the field.

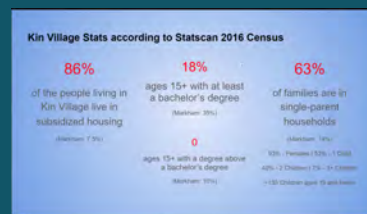
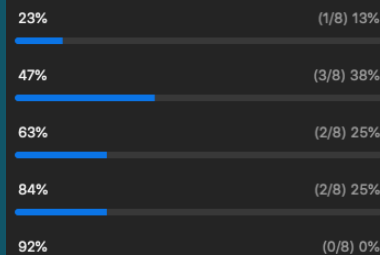


Pastor Brian and Jess started their presentation by introducing themselves as PB & J, like a peanut butter and jelly sandwich. Some people like peanut butter and others like jelly, but the thought of eating them together is rather strange. Yet, if one ventured out of their comfort zone to take a bite, they may discover that the unconventional sandwich actually tastes quite delicious. Similarly, the neighbours of Kin Village may be a bit different from the flavours that many are used to, but if they are willing to give them a try, a beautiful friendship may emerge from the interaction. Ultimately, what makes a sandwich a sandwich is the bread—Jesus—that brings all the ingredients together.

To highlight the needs of Kin Village, Pastor Brian gave participants the chance to select their answer through the polls function on Zoom before revealing some startling statistics. For example, 63% of families in Kin Village are from single-parent households, and of these, 93% of them are female-led. These statistics reveal the opportunity that Flow Ministries has to minister to the neighbours not only through intentional presence and practical care, but also through sharing the good news of Jesus Christ.

1. About how many families in Kin Village are in single-parent households (Single Choice) \*

8/8 (100%) answered



The harvest is indeed plentiful. Would you prayerfully consider how you can partner with Flow Ministries in God's kingdom work through serving, giving, and/or praying?




# Let's Talk about Mercy Rain

Our practical help ministry assists vulnerable neighbours living in Kin Village with grocery shopping, meal preparations, and household chores. From regular visitations to our annual Christmas Hampers program, our volunteers demonstrate the love of Christ by being His hands and feet.

## ASK A MERCY RAIN VOLUNTEER...


How have you seen  
God's love displayed through serving?

**Brian  
(Pastor)**




"I see how God continuously fulfills His promise of providing for the needs of His children by enlisting His own people—like our volunteers—to help meet those practical care needs."

**Chester (Board  
Member & Volunteer)**



"When different brothers and sisters do little parts in serving for various needs of the people, both the receiver and the giver experience God's love in a very special way."


**Emily  
(Volunteer)**



"I see God's love displayed in the Mercy Rain ministry by the deep relationships that we build with the people we serve."


How have you been  
Challenged by God to show mercy?

**Eric  
(Volunteer)**




"When I am busy with myself and I don't want to go serve, I know that the neighbour needs help and the Spirit motivates me to go."

**Nelson (Board Member &  
Volunteer)**



"Living life with the neighbors means you are called whenever there is a need, which sometimes requires the sacrifice of your own schedule."

**Andre (Kin Village  
Neighbour)**



"God put me here for a reason and I'm trying to figure out what that is by serving others."

*"With what shall I come before the LORD and bow down before the exalted God?... He has shown you, O mortal, what is good. And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God." Micah 6:6, 8 (NIV)*

Would you like to join or to know more about our Mercy Rain team? Contact Pastor Brian: [HeyBrianYu@gmail.com](mailto:HeyBrianYu@gmail.com)



# UPCOMING EVENTS AND ANNOUNCEMENTS:



## Have a prayer request?

Come to our Zoom version of Prayer Summits:

<b>Nov 10</b>	<b>Jan 13</b>
<b>Nov 24</b>	<b>Jan 27</b>
<b>Dec 8</b>	<b>Feb 9</b>

Reminder: **Mandatory Abuse Prevention and Vulnerable Protection Training** for all volunteers on **Sunday, November 28, 7:30-9:30pm**

For Zoom ID login to these meetings, email us: [flowministries.board@gmail.com](mailto:flowministries.board@gmail.com)



We are always looking for

## **VOLUNTEERS**

in our many ministries!



**Want to find ways you could serve with Flow?**

Send us an email:

[flowministries.general@gmail.com](mailto:flowministries.general@gmail.com)

## Prayer Requests:

- ♦ Pray for Pastor Brian and Cynthia who welcomed their firstborn, Jairus, that they may grow together as a Christ-centred and godly family. Pray for the parents to have deep spiritual wisdom in taking care of their newborn.
- ♦ Pray for our ministry-wide abuse prevention and vulnerable protection training to help keep our staff, volunteers, and the people we serve safe.
- ♦ Pray that our annual Christmas hampers program will go well this year. We are looking forward to meeting neighbours at Kin Village and having donors help with the program.
- ♦ Pray for opportunities to minister in the neighbours' homes at Kin Village, specifically for a Bible study to start right in one of the homes.
- ♦ Pray for us to continue to meet new neighbours at Kin Village to get to know them and serve them in ways that they need help with.
- ♦ Pray for Stream Mentoring Program to grow with more mentees enrolling from the Kin Village area and more mentors pouring into the next generation.

## How to Give:

Thank YOU for contributing to Kingdom work!

Whether you support Flow Without Bounds Ministries through praying, giving, or serving, we greatly appreciate YOU!

### Send Us a Cheque:

21 Saintsbury Road  
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Send your donation to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

Email the password and your name and mailing address to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

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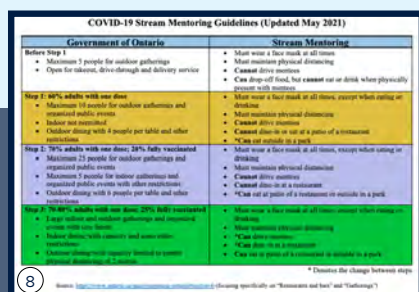
## PRAYER FOR THE HARVEST

"I don't know how we'll be able to move the metal lift from the basement to the curb," shared Pastor Brian at a Prayer Summit meeting (photo 1). One of the neighbours in Kin Village was moving to another unit and requested the help of Mercy Rain volunteers to help sort and pack items (photos 3 and 4). Of all the items, the metal lift posed the biggest obstacle, as it previously took six people to carry. When the day of the move came, only three people were available to help, but by God's strength, the metal lift made it safely to the curb (photo 2). It is moments like these that leaves one in awe and wonder at how God answers prayers.

Over the last three months, we were able to witness the greatness of God at work in Flow Ministries. With the province opening up and many of our volunteers getting vaccinated, we started in-person meetings for Lighthouse and Stream Mentoring again (photos 5, 6, 7, and 13). To keep everyone safe, Pastor Brian and Jess established Flow Ministries' COVID-19 Guidelines for volunteers to follow when they serve (photos 8 and 11). We praise God for His mercy that none of our volunteers contracted the virus.

During this time, we also hosted a workshop, "Investing in the Next Generation: Why We Need Disciple-Makers and Mentors," (photo 12) as well as an info session on the Stream Mentoring Program (photo 10). We are thankful that both events were well received and we were able to recruit new volunteers to join our team (photo 9).

With September just around the corner and our government getting a better handle on the pandemic, we pray that God will help grow our ministries. Jesus said, "The harvest is plentiful, but the laborers are few. Therefore pray earnestly to the Lord of the harvest to send out laborers into His harvest" (Luke 10:2). *Will you join us in this prayer?*





## Stream Mentoring's Winning T-Shirt Design



“Drum roll, please...” We are pleased to showcase the winning design of Stream Mentoring’s t-shirt design contest. This design may be curious for some who are probably wondering what commonality bubble tea and ice cream share with a Bible and fishing. The answer is found in the letter “t” of “Mentoring”, which is a subtle but deliberate design of a cross. We want to give the message that Jesus Christ stands at the heart of Stream.

Altogether, the story we want to share with this t-shirt design is

that mentoring is a fun time (bubble tea and ice cream), but mentoring sessions are meaningful because of Christ (cross). At the end of the day, our desire is for the mentees to know Jesus (Bible) and—Lord willing—not only become His disciple but also a disciple-maker one day (fishing).

The genius behind this thoughtful design is... OUR MENTEES! We brought all their brilliant ideas together to create one amazing design. Look out for people wearing these awesome t-shirts at Kin Village!

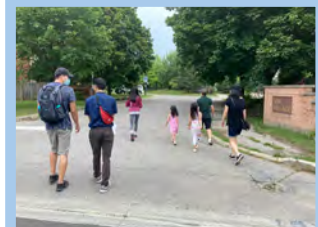
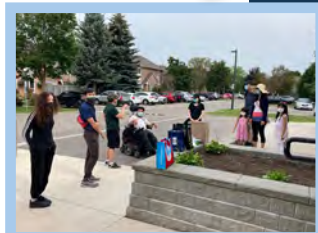
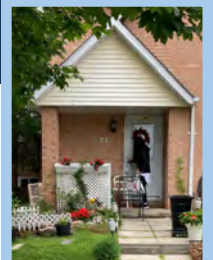
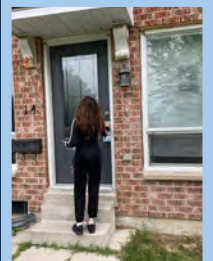
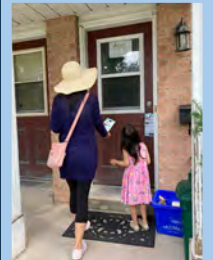
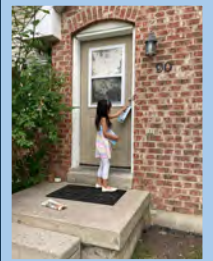


## HANGING WITH THE Family

On a cloudy Saturday morning in July, a group of 13 volunteers went around putting a door hanger on over 300 homes in the Kin Village area. These hangers were used to promote our Stream Mentoring program. As each door hanger was placed, we prayed that God’s Spirit would move the hearts of potential mentees and their parents/guardians to sign-up for mentoring.

Among the group of volunteers was Judy and her family. Judy brought her husband and two children because she wanted this event to be an example to them on what it means to serve God and others. Watching the eagerness and enthusiasm of Judy’s four- and seven-year-old daughters go around and making sure every door has a hanger was convicting. It challenged one to reflect and honestly ask: *Do I share that same excitement and zeal to serve God even after being in ministry for years? Or have I become indifferent in my serving?* Regardless of our answer, may we seek and pray that the Lord will restore in us the joy of serving Him and His people.

Additionally, this event showed that serving in Flow Ministries does not have to be an individual endeavour—a whole family can be involved! *Would you consider how you could also include your family members in the ministries that you serve in?*



# Opportunities to Serve in Flow Ministries



## **Mercy Rain:**

Our practical help ministry assists vulnerable neighbours with grocery shopping, meal preparations, and household chores. From regular visitations to our annual Christmas Hampers, we need volunteers to demonstrate the love of Christ by being His hands and feet.

## **Stream Mentoring:**

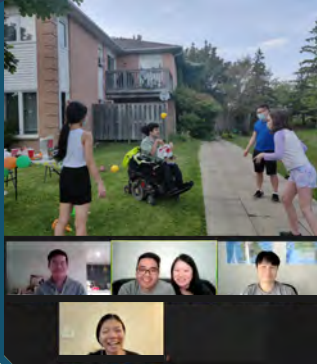
Our mentoring program creates an excellent evangelistic opportunity for mentors to be intentional with sharing Christ to their mentees. We are always on the lookout for Mentors and Mentor Coaches with a passion to pour into the next generation.



**Our Mission: We are a Christ-led care and compassion ministry to the neighbourhood of Kin Village.**

## **Lighthouse:**

We gather for house church every Sunday to worship our Lord and Saviour through singing, studying the Word and praying. Areas of serving include worship leading, leading Bible studies, and facilitating prayer times.



## **Board:**

Our Board Members keep our ministries accountable to staying on track and Christ-focused. They are mature Christians with some experience in the following areas: governance, administration, finance, fundraising, law, and ministry leadership.



## You are invited to **Flow Ministries' Night!**

Join us on

**THURS, OR SUN,**  
**SEPT 16 SEPT 19**  
**8-9PM**

Meet Pastor Brian and Jess, hear updates about our ministries, and ask any questions you may have! We are excited to "see" you!

**Zoom Meeting ID: 895 2011 1063**

**Passcode: 1234**





# ADDITIONAL EVENTS AND ANNOUNCEMENTS:



**Join our Lighthouse  
Zoom Meeting every  
Sunday at 2pm and in-  
person at 4:30pm**

For Zoom ID login to these meetings,  
email us: [flowministries.board@gmail.com](mailto:flowministries.board@gmail.com)

## Have a prayer request?

Come to our Zoom version of  
Prayer Summits:

<b>Aug 25</b>	<b>Oct 13</b>
<b>Sept 8</b>	<b>Oct 27</b>
<b>Sept 22</b>	<b>Nov 10</b>



Do you know any  
**high schooler**  
looking for  
**volunteer** hours  
this fall?



We are looking for volunteers to help  
canvass the Kin Village area on Saturday  
mornings in September.

Sign up to help with this **FORM!**

## Prayer Requests:

- ♦ Pray that in every ministry, we will be faithful with the small opportunities that the Lord provides. As we become faithful with the “few,” perhaps the Lord will give us more opportunities in the future.
- ♦ We do not always hear about the various needs in the neighbourhood. Pray that we will hear about these needs so we can partner with the Holy Spirit in meeting them in prayerful and practical ways.
- ♦ Pray for the families that we will be connecting with to help with back-to-school supplies. Pray for opportunities to pray with them and to share the gospel.
- ♦ Pray that the Lighthouses will become a good avenue to train future volunteers and leaders at Flow.
- ♦ Pray for Stream Mentoring Program to grow with more mentees enrolling from the Kin Village area and more mentors pouring into the next generation.

## How to Give:

Thank YOU for contributing to Kingdom work!  
Whether you support Flow Without Bounds  
Ministries through praying, giving, or serving,  
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21 Saintsbury Road  
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Email the password and your name and mailing  
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(You only need to send us this information once for our record.)

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**Prayer Summit**



**Mentoring**



**Workshop**



**Mentor Coaches**

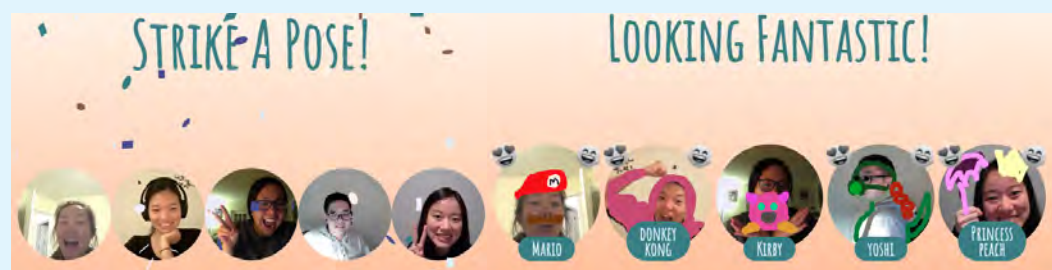


**Studying Proverbs @ Lighthouse**

## STAYING FAITHFUL TO GOD'S WORK

In all honesty, our extended stay-at-home order has been trying at Flow Without Bounds Ministries. To say that pandemic fatigue has not settled into some of our staff, volunteers, and attendees is a lie. Some of us are drained from having too much screen-time, others are discouraged with how long COVID-19 has been around for and wonder whether we will ever reach a state of "normal" again. Despite our circumstances, Galatians 6:9 reminds us, "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." Our government restrictions cannot dampen the serving spirit at Flow Ministries and we faithfully press on with the work that God entrusted us to do.

Our volunteers in Mercy Rain maintain their essential service of bringing groceries to vulnerable neighbours in Kin Village. Some neighbours living in isolation expressed their struggle with loneliness, and we are looking forward to offering some comfort to these neighbours through music therapy, as one of our volunteers is a registered music therapist. At Lighthouse, we gather to worship together over Zoom on Sunday afternoons. Pastor Brian recently finished a series on the book of Proverbs and is starting a study on discipleship. One of our board members, Nelson, also had the opportunity to preach his first sermon at Lighthouse on God's instructions to Abraham to sacrifice his son Isaac. In our bi-monthly Prayer Summit, we bring our requests before God; at one meeting, we prayed for the Lord's working in each neighbour by name who received a Hamper over Christmas.



**Mentors testing an online platform**

We hosted our first online workshop taught by our interim Stream Mentoring Program Director, Jess (more on this story in page 2). With Stream Mentoring, some mentors were able to meet with their mentees in-person before the stay-at-home order moved everything online. To keep mentoring sessions engaging, some mentors came together to test an online gaming platform. As the province opens up soon, Jess created a COVID-19 guideline for mentors to follow when they meet their mentees.

Pastor Brian is working on building partnerships with churches around the Kin Village area. So far, we have received positive feedback from pastors, and are super excited to have new faces join our team! As the warmer weather rolls in and more people are vaccinated, we cannot wait to gather in-person again!

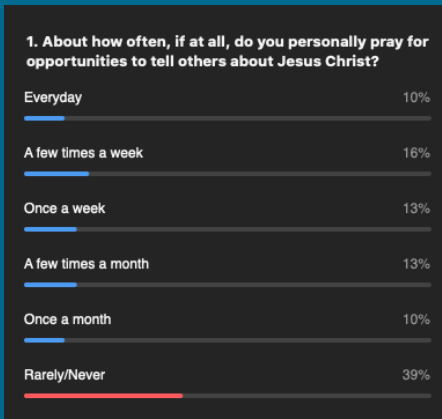


# FEARLESSLY Share the Gospel

This May, Flow Ministries put together its first webinar titled, "Practice Makes Perfect: How to FEARLESSLY Share the Gospel." With close to 50 participants, it was an insightful time as Jess taught on practical evangelism, and interactive as the participants were able to dialogue with one another during breakout rooms.



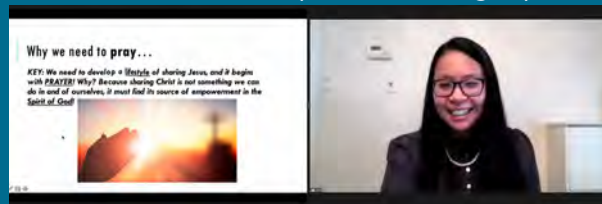
Jess posed some questions as polls for the participants to give their anonymous response. One of the questions was, "About how often, if at all, do you personally pray for opportunities to tell others about Jesus?" Jess compared the results of the participants with a survey done in 2019 by Lifeway Research and found similarities. The majority, about 39% and 27% respectively, have never or rarely prayed for opportunities to tell others about Jesus. Jess challenged the participants to write down names of five unbelievers that they can start praying for.



Probably the most convicting part of the workshop was when Jess said, "Before we pray for unbelievers and opportunities, maybe we need to be praying for our own hearts, honestly confessing to God that we do not care as much as we should about people who do not yet know the Lord."

One practical takeaway was, "Preach the gospel to yourself

every day! The more familiar we are with the gospel message, the more deeply we recognize the significance of the gospel in our life, and the more comfortable we will be when we share the gospel." While it is ultimately the work of the Spirit that moves a person to profess faith in Jesus Christ, we are all called to be faithful messengers of the gospel. Jess concluded, "We can fearlessly share the gospel when we commit to preach the gospel to ourselves daily, pray for opportunities to witness to an unbeliever, and surrender the outcome to God."



Missed our last workshop?

No need to fret!

Join us for our next one...

## Investing in the Next Generation: Why We Need Disciple-Makers and Mentors



Sun, May 30, 2-3:30pm

Zoom Meeting ID:

**818 8205 8019**

Passcode: **flow**

## Coming Soon: Flow Ministries' Merch!

This past April, our mentees from **Stream Mentoring** competed to create the **best hoodie** design for Flow Ministries and the **best T-shirt** design for Stream Mentoring. While we cannot unveil the winning designs just yet, we are excited to let you know that these hoodies and T-shirts will be available for everyone to purchase at-cost by the summer.



**Mercy Rain** is still waiting for its T-Shirt design. Send us your design suggestion by **June 27, 2021**, and if your design is chosen, you will win a free T-Shirt!

See rules and submit **HERE!**

# Ask a Mentor...

## What do you love most about mentoring?



"I am a pastor today, because I was mentored."  
– Brian (Pastor)



"Sharing our life with each other."  
– Jacqueline (Mentor)



"Walking together with the mentors and God, we support and encourage one another in that journey of life."  
–Becky (Mentor Coach)



"Pouring into the next generation, and making a difference in their life through Christ."  
–Jess (Director)



"Feeling the presence of God at work during times of interactions."  
–Chester (Mentor Coach)



"Being able to journey together in different life stages, learning mutually from each other."  
–Crystal (Mentor)

## What did you learn from mentoring?



"Everyone has a story, no matter the age."  
–Sophie (Mentor)



"Walking together is not just me and the mentor, it is God and us together."  
–David (Mentor Coach)



"We go in every time conceptualizing our plan, but God's plan for that mentoring time is greater."  
–April (Mentor)



"We are God's fellow workers. Through God's guidance, we can journey with our mentors and experience how God leads us together in our walk of life."  
–Lydia (Mentor Coach)



"Time and effort can really change relationships, looking back to when we first started and how our relationships have strengthened through trust and friendship."  
–Steph (Mentor)

While our answers are diverse, we all share the same passion of pouring into the life of another. We do not aim to be "the perfect mentor," because we all have our fair share of problems, struggles, and brokenness. We found that the key to our ability and skills in mentoring lies not within ourselves, but in Christ alone. We are simply the vessels He uses to further His kingdom.

To learn more about our Stream Mentoring Program, we invite you to join us for our

## "Stream Mentoring Info Talk"

on Thursday, June 3, 2021, 8-9pm:



**Zoom Meeting ID: 884 2809 9756**

**Passcode: 1234**

**Feel free to extend this invitation to anyone you know who would be interested in mentoring!**



# ADDITIONAL EVENTS AND ANNOUNCEMENTS:



**Join our Lighthouse  
Zoom Meeting every  
Sunday at 2pm**

For Zoom ID login to these meetings,  
email us: [flowministries.board@gmail.com](mailto:flowministries.board@gmail.com)

## Have a prayer request?

Come to our Zoom version of  
Prayer Summits:

<b>June 9</b>	<b>July 28</b>
<b>June 23</b>	<b>Aug 11</b>
<b>July 14</b>	<b>Aug 25</b>



Do you know any  
**high schooler**  
looking for  
**volunteer** hours  
this summer?



We are looking for volunteers to help  
canvass the Kin Village area on Saturday  
mornings in July.

Sign up to help with this **FORM!**

## Prayer Requests:

- ♦ Pray for continued physical protection from COVID-19, as we engage in some essential services.
- ♦ Pray for us to creatively address companionship and loneliness in the Kin Village neighbourhood.
- ♦ Pray for Kin Village neighbours to come consistently to our Lighthouse gatherings, and to meet with Christ in those meetings.
- ♦ Pray for God to stir the hearts of individuals to volunteer with Stream Mentoring as a committed mentor or mentor coach.
- ♦ Pray that God would slowly but surely grow our ministry and capacity through partnering with local churches.

## How to Give:

Thank YOU for contributing to Kingdom work!  
Whether you support Flow Without Bounds  
Ministries through praying, giving, or serving,  
we greatly appreciate YOU!

### Send Us a Cheque:

21 Saintsbury Road  
Markham ON  
L6C 2H9

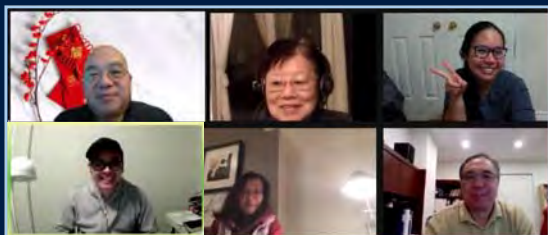
### Give via Interac e-Transfer:

Send your donation to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)  
Email the password and your name and mailing  
address to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)  
(You only need to send us this information once for our record.)

Flow Without Bounds Ministries is a registered charitable organization under the Canadian Revenue Agency (no. 831531710 RR 0001). Eligible supporters will receive a tax-receipt in the mail at the end of the year for their givings.

## WHAT IS FLOW MINISTRIES? MOVING FORWARD IN 2021

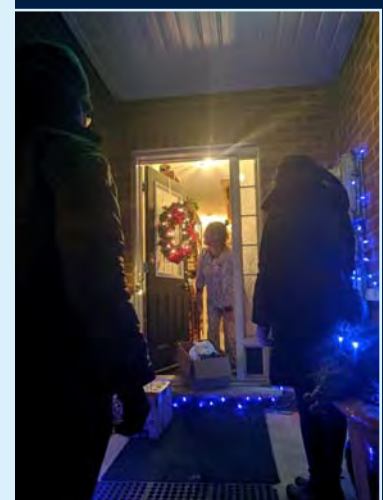
2020 was a year of transitioning, learning, and growing for Flow Without Bounds Ministries. For a man who enjoys stability, Pastor Brian, the Executive Director and Lead Pastor of Flow, was constantly adjusting to change. Looking back at what made 2020 a memorable year, Brian credits it to the faithfulness of the volunteers who continued to be the hands and feet of Jesus as well as the generosity of the donors who gave selflessly from their own resources for the neighbours at Kin Village—THANK YOU!



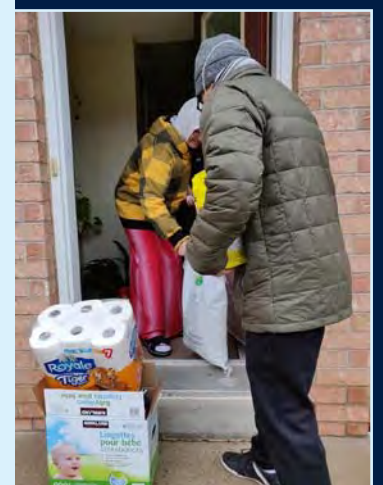
Going forward in 2021, Brian plans to center Flow on being a Christ-empowered care and compassion initiative to the neighbours at Kin Village. With this new focus came the painful decision in December 2020 to retire the @Play ministry. We are evermore grateful for everything that Simon did at Flow, and we know that he will be a blessing wherever God leads him next. As one chapter closes, we started another one by hiring a Stream Mentoring Program Director to develop and grow the existing mentoring program at Kin Village (more about this story on page 2).



As Brian considers the work of Flow, he narrows it down to the ministry of presence and the ministry of practical help. Through Steve Corbett and Brian Fikkert's book *When Helping Hurts*, Brian learned that poverty is not defined as a lack of material things, but of brokenness in relationship with God, self, others, and the rest of creation. The authors explain, "Poverty alleviation is the ministry of reconciliation: moving people closer to glorifying God by living in right relationship with God, with self, with others, and with the rest of creation."<sup>1</sup> At Flow, we seek to bring healing in these broken relationships through the power and the good news of Jesus Christ to the neighbours of Kin Village (see diagram on bottom of page 2 for a detailed explanation). Although we may bring temporary relief through physical resources, we want to impart what will make the lasting impact in these neighbour's lives—as well as our own—which is Jesus Christ, the hope of glory.



With the years to come, Brian hopes that Flow not only ministers to the neighbours, but with the neighbours of Kin Village. As these neighbours become transformed by the gospel truth, may they also be a part of bringing *shalom* to the community.



<sup>1</sup>Steve Corbett and Brian Fikkert, *When Helping Hurts: How to Alleviate Poverty without Hurting the Poor . . . and Yourself* (Chicago, IL: Moody Publishers, 2012), 74.



## Introducing Our New Director @ Stream

Stream Mentoring is a unique program where Christian mentors intentionally share biblical truths with their non-Christian mentees as they journey together week after week. The hope is not only for these mentees to be transformed by Jesus Christ, but also for those around them to notice this change and, Lord willing, become transformed by Jesus too.

Over the past year, a lack of direction and staffing changes left Stream at a standstill. As Flow looked for ways to revamp Stream, they hired Dr. Jessica Wan as their Interim Stream Mentoring Program Director. Jess is no stranger at Stream; she has been actively serving as a mentor for almost three years and had been a mentor coach for a year. She holds a Ph.D. in Church Music with a concentration in music ministry and

a minor in women's ministry from Southwestern Baptist Theological Seminary (Fort Worth, TX).



During Jess's interim post (February 2021–January 2022), she aims to create a holistic program, where the emphasis is on volunteers growing closer to God as they serve. Her work will primarily consist of developing training materials to equip mentors and mentor coaches in the areas of spiritual formation, evangelism, and administration. Of

these three areas, Jess believes the most important is spiritual formation, and intends on placing a focus on spiritual growth during regular meetings with the mentors and mentor coaches. Additionally, she will be connecting with local churches to recruit new volunteers.

Jess's passion to invest in the next generation stems from her personal desire to be mentored when she was a teenager, but she did not have the opportunity until she was an adult. The wisdom and guidance that she received from godly mentors deeply impacted her walk with Jesus, and she prays she could do the same for others too.



## BRINGING RESTORATION TO KIN VILLAGE THROUGH THE POWER OF CHRIST

### Self

People are uniquely created in the image of God and thus have inherent worth and dignity.

### Brokenness of Being:

- god-complexes
- low self-esteem
- physical and health challenges

Through home visitations and the mentoring program, **Flow** seeks to help neighbours recognize their identity and worth as a child of God and affirm that they can make a difference in this world

### God

Our primary relationship is with God and human being's purpose is to glorify God and to enjoy Him forever.

### Brokenness of Spiritual Intimacy:

- denying God's existence and authority
- worshipping false gods and spirits

**Flow** seeks to share the salvific message of Jesus Christ, because restoration of self, others, and rest of creation begins with a relationship with God.

### Rest of Creation

God called humans to interact with creation, to make possibilities into realities, and to be able to sustain ourselves via the fruits of our stewardship.

### Brokenness of Stewardship:

- loss of sense of purpose
- materialism
- laziness/workaholics

**Flow** seeks to show the neighbours of Kin Village how they can be good stewards of the resources and abilities that God has blessed them with. We come together yearly to cleanup the Kin Village neighbourhood.

## HUMANITY'S BROKENNESS

We all experience brokenness in these four relationships due to sin. Only Jesus Christ can bring healing in these areas.

### Others

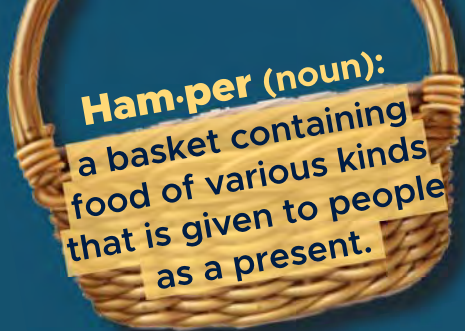
God created us to live in loving relationship with one another.

### Brokenness of Community:

- self-centeredness
- exploitation and abuse of others
- loneliness

With events such as BBQ, Christmas and Easter services, **Flow** seeks to bring the community of Kin Village together, showing that there can be reconciliation and forgiveness in hurting relationships through Christ.

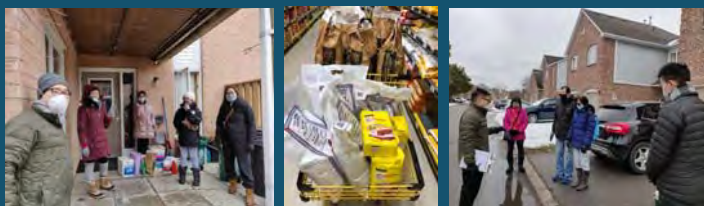




## What is the Christmas Hamper Program?

*"Giving a gift can open doors..." Proverbs 18:16 (NLT)*

Our annual Christmas Hamper Program is a practical way of building relationships with the families in Kin Village by presenting them with a gift to meet their needs during the holiday season. Of course, the greatest gift these families can receive is the gift of Jesus Christ. This is why in every interaction that a sponsor of the hamper has with their assigned family is intentional on having spiritual conversations, and lifting their needs through prayer to the One who is able to abundantly bless them. We hope our gift giving will open the door to the gospel...



## How can we help the poor without hurting the poor and ourselves?



Come join Pastor Brian on a 6-week book study on *When Helping Hurts* to learn how we can tangibly serve the neighbours of Kin Village and transform lives with the message of hope in Jesus Christ.

The study will begin in April. Please email Pastor Brian: [HeyBrianYu@gmail.com](mailto:HeyBrianYu@gmail.com) by March 26, 2021 to sign up!

## It Takes One Body

Last November, Pastor Brian and his wife connected personally with neighbours at Kin Village to inquire whether their family needed a hamper. With one particular home that they visited, they were greeted by a friendly elderly couple. Brian asked whether the lady of the house was home, but the elderly woman responded in Chinese. Brian tried asking again, and the elderly woman continued in Chinese. The exchange went on for a while, but ultimately went nowhere as Brian did not know Chinese and the elderly couple did not know English. Determined to serve and bless this family, Brian and his wife returned week after week only to encounter that same lovely couple again and again.



Providence came when a small group from a church near Kin Village emailed Brian of their interest in Flow's Christmas Hamper Program. Knowing the small group was from a Chinese church, Brian asked the group leader if anyone in her group knew how to speak Cantonese or Mandarin, as Brian was not sure what language the elderly couple spoke. The group leader



said she was fluent in both, then Brian told her he had the perfect neighbour for them to provide a hamper for—the Chinese family. The small group leader gave the family a

call and was able to confirm items that they needed. Within a week, the hamper was assembled and ready for delivery. Looking back, Brian thought this neighbour was going to be the last family to receive a hamper, but they ended up being the first ones in the neighbourhood to receive it.

There is a saying that goes, "It takes a village to raise a child." Likewise in ministry, "It takes one Body to reach a neighbour." It is amazing to witness through the Hamper Program the coming together of Christian brothers and sisters to serve our neighbour.





# UPCOMING EVENTS AND ANNOUNCEMENTS:



**Join our Lighthouse  
Zoom Meeting every  
Sunday 7:30-9:00pm**

For Zoom ID login to these meetings,  
email us: [flowministries.board@gmail.com](mailto:flowministries.board@gmail.com)

## Have a prayer request?

Come to our Zoom version of  
Prayer Summits:

<b>March 10</b>	<b>April 28</b>
<b>March 24</b>	<b>May 12</b>
<b>April 14</b>	<b>May 26</b>



**We are always looking for**

## **VOLUNTEERS**

**in our many ministries!**



**Want to find ways you  
could serve with Flow?**

**Send us an email:**

**[flowministries.general@gmail.com](mailto:flowministries.general@gmail.com)**

## Prayer Requests:

- ◆ Praise the Lord for some of the Kin Village neighbours who have been joining us online for Lighthouse every Sunday!
- ◆ Pray for creativity in reaching Kin Village neighbors especially when pandemic restrictions start to ease.
- ◆ Pray for the health and safety of neighbours and volunteers as we continue to engage in essential services for them.
- ◆ Pray for Jess that God may grant her wisdom and knowledge as she leads the Stream Mentoring program.
- ◆ Pray that we can continue to partner with more churches and volunteers this year.

## How to Give:

Thank YOU for contributing to Kingdom work! Whether you support Flow Without Bounds Ministries through praying, giving, or serving, we greatly appreciate YOU!

### Send Us a Cheque:

21 Saintsbury Road  
Markham ON  
L6C 2H9

### Give via Interac e-Transfer:

Send your donation to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

Email the password and your name and mailing address to: [flow.finances@gmail.com](mailto:flow.finances@gmail.com)

(You only need to send us this information once for our record.)

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